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# **Web Resources For Teachers**

## ***Lessons and Curricular Resources***

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### **CHANGE Curriculum**

<http://king.wsu.edu/nutrition/change.htm>

"CHANGE integrates nutrition education with reading, writing, math and science studies, while providing hands-on learning in cooking and gardening for elementary aged children." This comprehensive curriculum was developed at Washington State University Kings County Extension. There are 40 lessons that can be downloaded in pdf format.

### **California School Garden Network**

[www.csgn.org](http://www.csgn.org)

Use the "curriculum" link to access over a hundred creative garden and food based lessons. This is an excellent collection of lessons, all downloadable, from various sources in California. Lessons can be easily adapted to fit local standards.

### **Food, Land, & People**

<http://www.foodlandpeople.org/>

"Food, Land & People (FLP), established in 1988, is based in Chandler, Arizona. Food, Land & People is a nonprofit organization committed to helping people of all ages better understand the interrelationships among agriculture, the environment, and people of the world. Food, Land & People's science- and social sciences-based curriculum, Resources for Learning, currently serves Pre-K to 12th grade students throughout the United States. The curriculum consists of 55 hands-on lessons, developed and tested by more than a thousand educators." Check out their extensive list of resources and the 20 lessons available in Spanish on the Lessons page.

### **Food For Life**

<http://www.farmtrails.org.uk/fflcurrpac/index.html>

This is great farm-to-school curriculum for elementary school teachers. It's from the UK but is easily adaptable to fit our standards and other curriculum. Free pdf download of entire curriculum pack or individually download and print lessons and activity sheets.

### **Cooking with Kids**

<http://cookingwithkids.net/>

This New Mexico organization has created engaging, hands-on elementary curriculum with a focus on fresh, affordable foods from diverse cultures. Free lesson plan downloads and bilingual (Spanish and English) food-based curriculum for sale.

### **Sustainable Agriculture Research and Education (SARE)**

<http://www.sare.org/publications/edguide.htm>

Site provides links to Sustainable Agriculture Resources and Programs for K-12 Youth. Click on the "Curriculum Guides" link at the bottom of the page. Includes direct links, program contact information and ideas for integrating lessons into school programs.

### **Section Z: Making Our Economy Safe For People and Nature**

<http://www.sectionz.info/>

"Section Z #3: A Tale of Two Tomatoes", is an illustrated guide that teaches us about the food system and the benefits of choosing local.

## **Wisconsin Ag In the Classroom**

<http://www.wisagclassroom.org/>

Wisconsin focused resources and lessons aligned with state standards in core subject areas including language arts, math, science, and social studies. Lessons are free to download and connect to important themes such as local history, community, geography, and climate. There is also information about local grants for agriculture education. You do not have to be an Ag teacher to make use of this resource. It would be useful to any elementary or middle school educator.

## **Center For Ecoliteracy – Rethinking School Lunch Guide**

<http://www.ecoliteracy.org/programs/rsl-guide.html>

Great site with extensive curricula resources including tips for integrating food and gardening themes into everyday lesson. Download the entire Rethinking School Lunch Guide or choose individual chapters. **Linking Food and the Environment (LiFE)** curriculum is also available through this site or find it at: <http://www.tc.columbia.edu/life/detail.asp?id=Welcome>. LiFE is an inquiry-based science and nutrition program that explores themes of food production, the food system, and the effects of food choices on our bodies and our environment.

## **CHOICE (Citizen for Healthy Options in Children’s Education)**

<http://www.choiceusa.net/LessonPlans/Garden%20Foods.htm>

This organization has resources to support teachers, food service directors, administrators, and students interested in developing healthy eating habits. Check out links to recommended curricula and grant resources.

## **Organic Foods – What’s the Big Deal?**

<http://www.thefutureisorganic.net/tenreasons.htm>

Want to have a discussion about organic foods? This resource provides a list of 12 reasons to eat organic.

## **Wisconsin DPI Curriculum Resource Center**

[www2.dpi.state.wi.us/sig/practices/high\\_2.asp](http://www2.dpi.state.wi.us/sig/practices/high_2.asp)

Search by subject area and grade level for standard aligned curriculum and lesson. Check the health and agriculture education categories for food and farm lessons.

## **USDA**

[http://healthymeals.nal.usda.gov/nal\\_display/index.php?info\\_center=14&tax\\_level=3&tax\\_subject=265&topic\\_id=1373&level3\\_id=5175](http://healthymeals.nal.usda.gov/nal_display/index.php?info_center=14&tax_level=3&tax_subject=265&topic_id=1373&level3_id=5175)

The USDA has many links and downloadable resources for farm-to-school and school gardening programs. Click on “Topics A-Z” for dozens of other relevant resources.

## ***Farm Field Trip Resources***

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### **The Community Alliance with Family Farmers**

<http://www.caff.org/programs/f2sManual.shtml>

This site has a free manual that helps teachers get the most out of their farm field trip. There is also information to help farmers prepare for the visit. This is provided by CAFF, a group focused on fostering family-scale agriculture that cares for the land, sustains local economies and promotes social justice.

## ***Film Resources***

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## **Media that Matters Film Festival: Good Food**

<http://www.mediathatmattersfest.org/>

This website contains fun and educational short films about food, sustainability, and free trade. These films are inspirational and instructional for teachers, as well as useful for classroom viewing. Thinking about starting a school garden? Watch "Inch by Inch: Providence Youth Gardens for Change". "Food For Thought" is a creative student production that poetically documents the benefits of eating healthy foods. Check the links below the film for additional web resources on related topics and teacher resources.

## ***Music Resources***

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### **The Banana Slug String Band**

<http://www.bananaslugstringband.com>

This is a site by a group of musicians and educators with ecological songs for children. Ecological lesson plans and audio CDs. Check out the song "Dirt Made My Lunch," already a hit in some local elementary schools.

## ***Local Resources***

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### **The Farm Fresh Atlas**

<http://www.reapfoodgroup.org/atlas/index.htm>

Here is REAP Food Group's list of farms and food-related business that sell local sustainable foods in southern Wisconsin. Look here for local sources of healthy snacks and possibilities for farm fieldtrips.

### **Dane County Farmers Market**

<http://www.madfarmmkt.org/>

Downtown Madison has had one of the largest farmers markets in the U.S. since 1972. Check here for market history and lists of vendors and products. The market is year-round, located in the Monona Terrace, or the Madison Senior Center in the winter. Stop in for a locally grown classroom snack and meet the farmer.

### **The Madison Area Community Supported Agriculture Coalition**

<http://macsac.org/>

Community Supported Agriculture (CSA) Farms provide fresh produce and other foods to conscientious eaters all over southern Wisconsin. On their website find a map and listing to 30+ of these farms, information on their Partner Shares Program that facilitates low-income households' membership in CSA farms, and how to purchase their very popular *From Asparagus to Zucchini: A Guide to Cooking Farm-Fresh, Season Produce*.

## ***School Garden Resources***

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### **Got Dirt? Garden Toolkit**

<http://dhfs.wisconsin.gov/health/physicalactivity/gotdirt.htm>

Wisconsin Department of Health & Family services offers this excellent step-by-step plan for starting school and community gardens. The full version of the toolkit is downloadable. Also check the list of scheduled training sessions if you'd like to attend one in your area.

## **Kid's Gardening**

[www.kidsgardening.org](http://www.kidsgardening.org)

This site has extensive school garden resources (including grant info) and lessons that connect to core subject areas such as math and science. Scroll down and check out the "Growing IDEAS" newsletter for more great ideas and lessons.

## **The Edible Schoolyard**

<http://www.edibleschoolyard.org/homepage.html>

This is a model school garden and cooking project from Berkley, CA. Explore the site to get inspired and borrow ideas from their garden, classroom, and kitchen lessons. Under "How To," check out their list of links and resources for more ideas.

## **ProTeacher**

[www.proteacher.com/110013.shtml](http://www.proteacher.com/110013.shtml)

Site has a long list of links for plant and garden based lessons and other educator resources.

## **Garden-Based Learning – Cornell University**

<http://www.hort.cornell.edu/gbl/index.html>

This site offers quick activities, lessons, and other garden-based projects for students and teachers.

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# **Books**

## ***Fruits, Veggies and Gardens***

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### **Fiction**

*Apples and Pumpkins* by Anne Rockwell, illustrated by Lizzy Rockwell.  
New York: Macmillan, 1989.

*Blueberries for Sal* by Robert McCloskey.  
New York: The Viking Press, 1948.

*Compost!* By Linda Glaser.  
Brookfield, CT: The Millbrook Press, 1996.

*Danilo the Fruit Man* by Amy Valens.  
New York: Dial Books for Young Readers, 1993.

*Eating the Alphabet: Fruits and Vegetables from A to Z* by Lois Ehlert.  
San Diego: Harcourt Brace Jovanovich, 1989.

*Growing Vegetable Soup* by Lois Ehlert.  
New York: Harcourt Brace Jovanovich, 1987.

*Johnny Appleseed* by Steven Kellogg.  
New York: Clarion Books, 1990.

*June 29, 1999* by David Wiesner.  
New York: Clarion Books, 1992.

*Moose in the Garden* by Nancy White Carlstrom.  
New York: Harper and Row, 1990.

*Tops and Bottoms* by Janet Stevens.

*The Carrot Seed* by Ruth Krauss.  
New York: Harper and Row, 1945.

*The Little Mouse, The Red Ripe Strawberry, and The Big Hungry Bear* by Don and Audrey Wood.  
Singapore: Child's Play (International) Ltd., 1984.

*The Season's of Arnold's Apple Tree* by Gail Gibbons.  
New York: Harcourt Brace Jovanovich, 1984.

*The Giant Vegetable Garden* by Nadine Bernard Westcott.  
Boston: Little Brown and Co., 1981.

## **Nonfiction**

*An Apple Tree Through the Year* by Claudia Schnieper, photos by Othmar Baumli.  
Minneapolis: Carolrhoda Books, Inc., 1987.

*Citrus Fruits* by Susan Wake.  
Minneapolis: Carolrhoda Books, Inc., 1987.

*Cranberries* by William Jaspersohn.  
Boston: Houghton Mifflin, 1991.

*Fruit* by Gallimard Jeunesse.  
New York: Scholastic, 1989.

*My Apple* by Kay Davies and Wendy Oldfield, photos by Fiona Pragoff.  
Milwaukee: Garth Stevens Publishing, 1994.

*The Life and Times of the Apple* by Charles Micucci.  
New York: Orchard Books, 1992.

*We Love Fruit* by Fay Robinson.  
Chicago: Children's Press, 1992.

*Why Are Pineapples Prickly?* By Christopher Maynard.  
New York: DK Publishers, 1997.

## **Poetry**

*Jamberry* by Bruce Degen.  
New York: Harper Collins, 1983.

*Vegetable Garden* by Douglas Florian.  
New York: Harcourt Brace Jovanovich, 1991.

## ***Books for Teachers***

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*The Amazing Apple Book* by Paulette Bourgeois.  
Reading, MA: 1987.

*Digging Deeper: Integrating Youth Gardens Into Schools and Communities* by Joseph Kiefer and Martin Kemple  
Montpelier: Common Roots Press, 1998.

*Eat, Think and Be Healthy!* by Michael F. Jacobson, Ph.D. and Paula Kelvan Zeller.  
Washington, DC: Center for Science and Public Interest, 1987.

*French Fries and the Food System* by Sara Coblyn.  
Lincoln and Roxbury, MA: The Food Project, 2000.

*Gardening Wizardry for Kids* by Patricia Kite L., illustrations by Yvette Santiago Banek.  
Barrons, 1995.

*Linnea's Windowsill for Kids* by Lena Anderson and Christina Bjork.  
New York: R&S Books, 1978.

*More Story Stretchers* by Shirley Raines and Robert Canady.  
Mt. Rainier, MD: Gryphon House, Inc., 1991.

*Preparing Young Children for Science: A Book of Activities* by Lois B. Arnold.  
New York: Schocken Books, 1980.

*Story Stretchers* by Shirley Raines and Robert Canady.  
Mt. Rainier, MD: Gryphon House, Inc., 1989.

*Teaching Children About Life and Earth Science* by Elaine Levernson.  
New York: TAB Books, 1994.